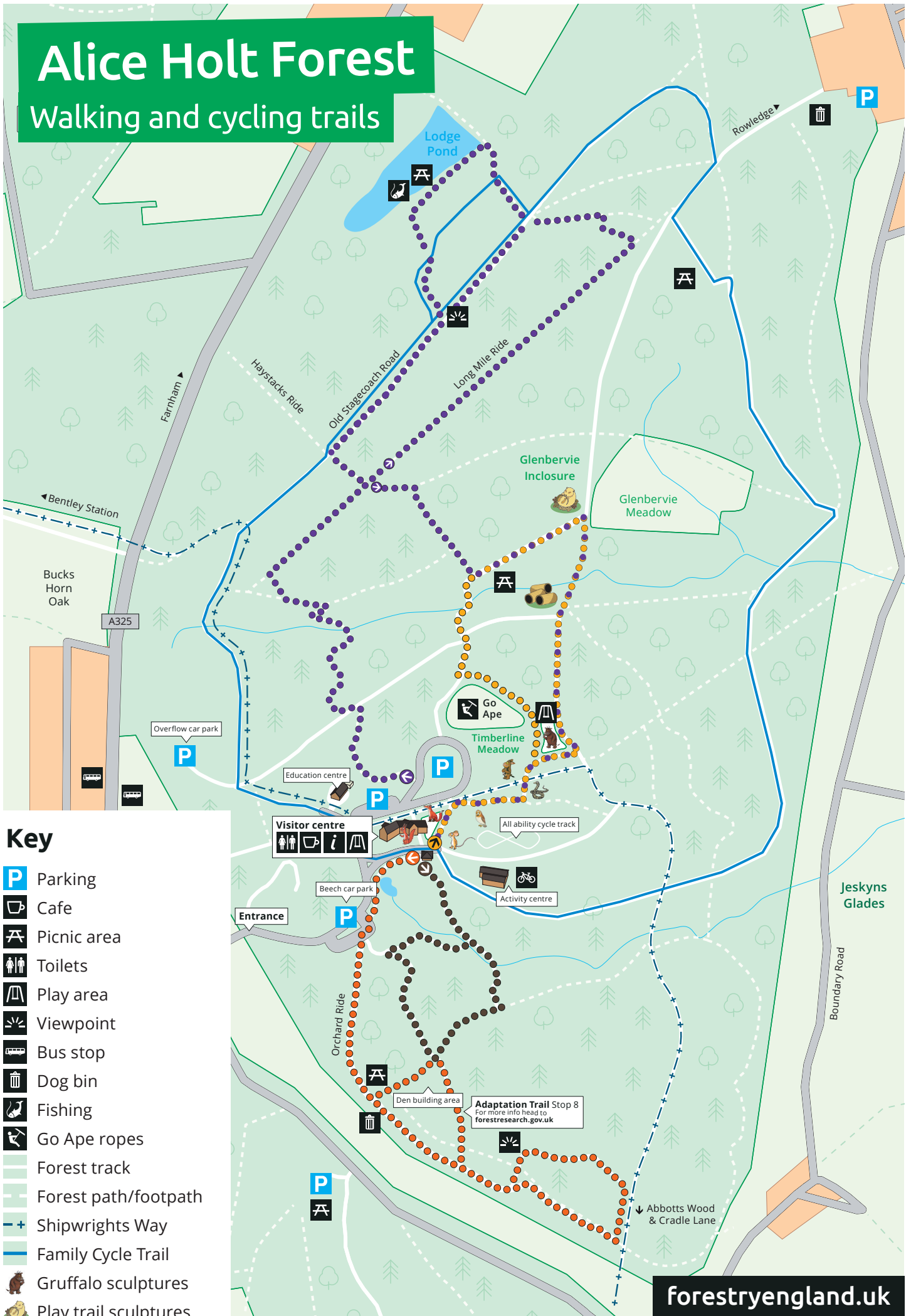


















# Alice Holt Forest

## Walking and cycling trails



### Key

-  Parking
-  Cafe
-  Picnic area
-  Toilets
-  Play area
-  Viewpoint
-  Bus stop
-  Dog bin
-  Fishing
-  Go Ape ropes
-  Forest track
-  Forest path/footpath
-  Shipwrights Way
-  Family Cycle Trail
-  Gruffalo sculptures
-  Play trail sculptures



Forestry England

# Walking and cycling trails at Alice Holt Forest

Whether you're looking for play and adventure or a bit of peace and quiet to observe wildlife, we've got a trail for you.

## Trail information

**Willows Green Trail** ●●●  
1km (0.6 miles)

The Willows Green trail is a short attractive route that takes advantage of one of Alice Holt's dells. Get lost in the valley and soak up the peace and quiet that this trail has to offer.

**Easy Access Trail** ●●●  
2km (1.25 miles)

This trail is designed to be accessible to wheelchair users and is suitable for everyone. Meandering through a dark coniferous copse and open broadleaf glades, this trail has something to offer in every season.

**Play Trail** ●●●  
1.7km (1 mile)

This trail is perfect for family fun! Passing by all our woodland play sculptures on site, this trail is for young adventurers looking to enjoy the woods. Bring a picnic for lunch at one of our picnic tables.

**Lodge Pond Trail** ●●●  
4km (2.5 miles)

This trail is our longest, but also our most beautiful, leading through an undulating mix of woodlands, dells and over streams.

## How our cycle trails are graded

<b>Green</b> ● Easy	<b>Blue</b> ■ Moderate	<b>Expect:</b> A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.	<b>Red</b> ▲ Difficult	<b>Black</b> ◆ Severe	<b>Double-black</b> ◆◆ Extreme
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<b>Forest road &amp; similar</b>	<b>Expect:</b> Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful. Look out for vehicles, forestry work and other visitors.
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## Family Cycle Trail

**Grade: Moderate (Blue)**  
5km (3 miles)

A relatively gentle cycle trail suitable for almost all riders, this trail does a full loop of Alice Holt Forest.

Make sure to check the map beforehand so you can stop off at some of our favourite spots along the way!

## Emergency info

**Name of key location:**  
Alice Holt Forest car park  
**Grid ref:** SU808414

**Nearest access road:**  
Dockenfield Street

**In case of an emergency, call 999**  
Inform Forestry England on 0300 067 4600

**Hospital with A&E unit:**  
Royal Surrey County Hospital,  
Egerton Road, Guildford, Surrey  
GU2 7XX  
T: 01483 571122

## The forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.

# Join today

As a member you'll be supporting Alice Holt Forest and get free onsite parking, forest updates and discounts.

[forestryengland.uk/membership](https://forestryengland.uk/membership)