

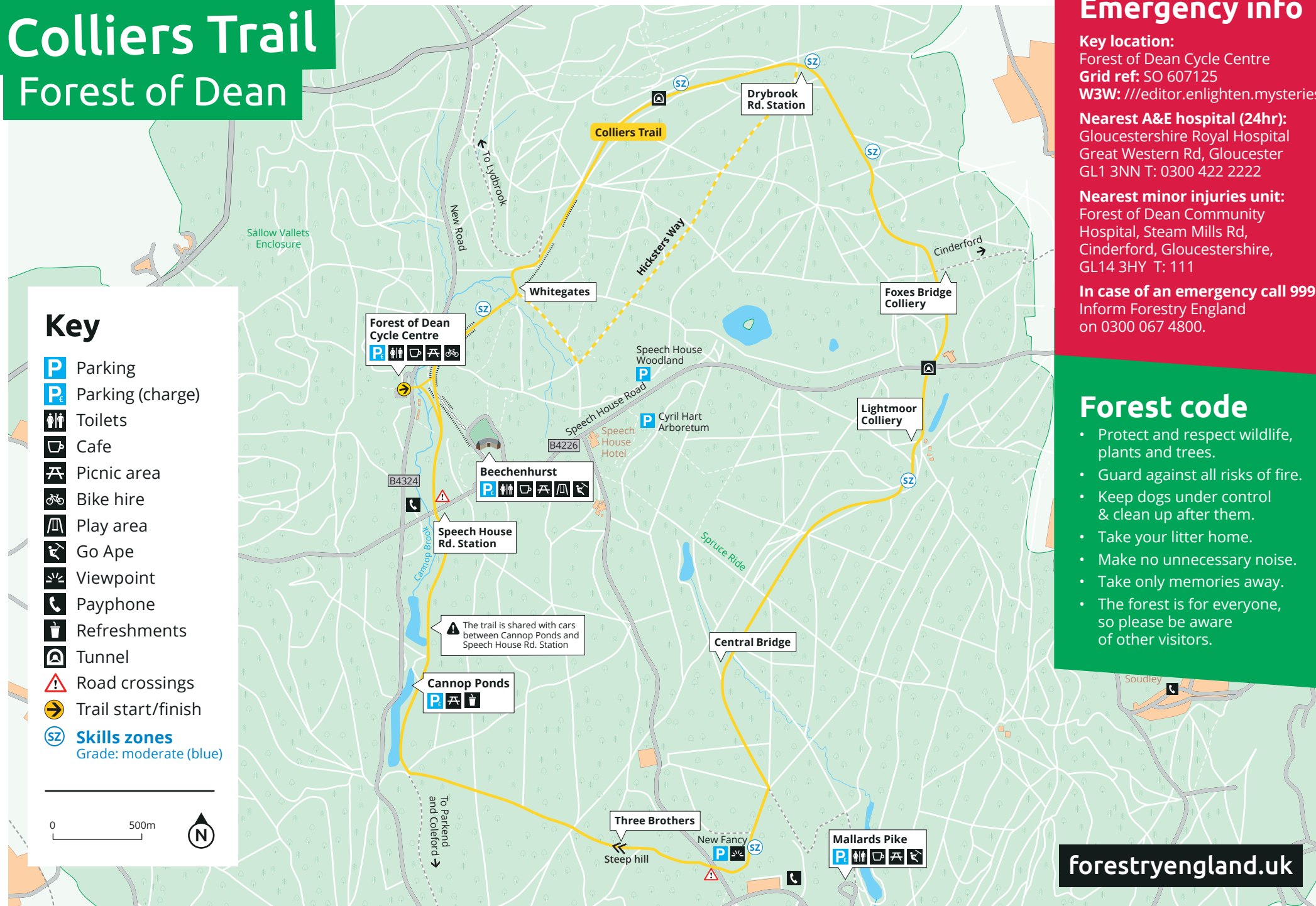
Colliers Trail

Forest of Dean

Key

- Parking
- Parking (charge)
- Toilets
- Cafe
- Picnic area
- Bike hire
- Play area
- Go Ape
- Viewpoint
- Payphone
- Refreshments
- Tunnel
- Road crossings
- Trail start/finish
- Skills zones
Grade: moderate (blue)

0 500m



Emergency info

Key location:

Forest of Dean Cycle Centre

Grid ref: SO 607125

W3W: ///editor.enlighten.mysteries

Nearest A&E hospital (24hr):

Gloucestershire Royal Hospital

Great Western Rd, Gloucester

GL1 3NN T: 0300 422 2222

Nearest minor injuries unit:

Forest of Dean Community

Hospital, Steam Mills Rd,

Cinderford, Gloucestershire,

GL14 3HY T: 111

In case of an emergency call 999.

Inform Forestry England

on 0300 067 4800.

Forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control & clean up after them.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone, so please be aware of other visitors.

forestryengland.uk



Forestry England

Colliers Trail

at the Forest of Dean

Discover the forest on two wheels along old railway lines, through our visitor centres and ancient woodlands.

Colliers Trail

Grade: Forest road
14.5 km (9 miles)

A route for all the family with links to villages and picnic sites. This gently undulating circular route follows former railway lines on mostly surfaced tracks, with one steeper downhill section. This is a shared use trail, so look out for walkers, dogs and runners. The trail is best ridden clockwise; from this direction look for the signs back to the cycle centre after crossing Speech House Road.

■ Skill zones

Grade: Moderate (blue)

For an extra challenge, look out for the skill zones along the route.



Cycling safely

Plan ahead

- Use the right bike and appropriate safety gear, and check they're safe to use. Always wear a helmet and gloves.
- Don't rely on others; make sure you can get back safely.
- Know your location if you need to call for help.

Stay in control

- Ride within your ability.
- Expect the unexpected.
- Look first: only tackle jumps and other challenges if you're sure you can do them.
- Off-road cycling carries inherent risks. Consider your skills, ability, and fitness, and use these guidelines in conjunction with your own experience and careful judgement.

Ride responsibly

- Take care around other visitors, dogs and horses.
- Dogs are not allowed on cycling trails, except for shared use trails.
- Motorbikes and quadbikes are not allowed.
- Routes may change due to forestry work. Follow all warning signs and diversions.
- If a vehicle is loading timber, always wait for the driver to let you past.

How our cycling trails are graded

Green Easy	Expect: A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.
Blue Moderate	Expect: A mixture of steep climbs, descents and/or avoidable features. Larger jumps, berms and rollable features at controlled speed. Technical features such as tree roots, drop-offs and large rocks. Very variable surfaces.
Red Difficult	Expect: Long, steep climbs, descents and jumps. Numerous hazards including drop-offs, sharp corners and difficult features. Rapid rate of surface change. Commitment required.
Black Severe	Expect: Very fast and steep descents. Large drop-offs, jumps and unavoidable obstacles that require high levels of skill and commitment. Extreme level of exposure or risk. Rapid rate of surface change.
Double-black Extreme	Expect: Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful. Look out for vehicles, forestry work and other visitors.
Forest road & similar	