



FOREST RUNNER 2022

Salcey
RACE RESULTS
5k

Pos	Name	Distance	Gender	Bib#	Chip Time
1	Seamus Conlon	5K	M	388	0:18:59
2	Edward Joyce	5K	M	356	0:19:32
3	Katie Masters	5K	F	324	0:22:13
4	Owen Stringer	5K	M	392	0:24:00
5	Elliot Ganderton	5K	M	331	0:24:41
6	Ian Stringer	5K	M	391	0:24:46
7	Colin Charnley	5K	M	353	0:24:50
8	Ashton Phillips	5K	M	342	0:24:58
9	Anna Voloceai	5K	F	394	0:25:17
10	Martin Krompiewski	5K	M	387	0:25:36
11	Fiona Everingham	5K	F	343	0:27:08
12	Dave Young	5K	M	323	0:28:21
13	Felix Russell	5K	M	337	0:28:22
14	Nick Law	5K	M	355	0:28:25
15	David Moscrop	5K	M	354	0:28:26
16	Mark Rolfe	5K	M	322	0:28:32
17	Damian Russell	5K	M	336	0:28:33
18	Eve Gabbott	5K	F	321	0:28:36
19	Paul Tatman	5K	M	341	0:29:34
20	Helen Tatman	5K	F	340	0:29:35
21	Emma Cundy	5K	F	390	0:29:45
22	Susila Ganderton	5K	F	332	0:30:31
23	Ben Fulker	5K	M	349	0:30:42
24	Sharon Downing	5K	F	347	0:31:08
25	Katie Stapleton	5K	F	247	0:31:20
26	Joanne Mason	5K	F	309	0:31:23
27	paul young	5K	M	350	0:31:28
28	Sarah Critchlow	5K	F	310	0:31:42
29	Mark Bowers	5K	M	327	0:32:04

30	Zoe Neal	5K	F	558	0:32:42
31	Arun Ferguson	5K	M	325	0:32:46
32	Yvonne Hendy	5K	F	330	0:32:48
33	Teresa Bowker	5K	F	351	0:33:30
34	Reena Sharma	5K	F	333	0:33:37
35	Debbie Hele	5K	F	329	0:34:23
36	Ewan MacGillivray	5K	M	352	0:34:26
37	Jennifer Sexton	5K	F	318	0:38:51
38	Emma Borrill	5K	F	389	0:39:44
39	Kelly Henderson	5K	F	339	0:44:44
40	Kath Cheetham	5K	F	335	0:46:52
41	Lisa Greenhalgh	5K	F	320	0:47:01
42	Anna Goncalves	5K	F	319	0:47:02

10k

Pos	Name	Distance	Gender	Bib#	Chip Time
1	Jevgenij Rusak	10K	M	1687	0:41:02
2	Jack Roberts	10K	M	1984	0:42:25
3	Ben Langdown	10K	M	1977	0:42:54
4	Russell Wilkins	10K	M	1751	0:44:54
5	Joshua Knight	10K	M	1756	0:46:05
6	Takami Moodie	10K	F	1783	0:46:37
7	Viv Black	10K	F	1974	0:46:58
8	Daniel Henderson	10K	M	1755	0:47:19
9	James Lindsay	10K	M	1697	0:48:03
10	Greg Black	10K	M	1975	0:48:25
11	Matt Green	10K	M	1694	0:48:26
12	Dominic Fields	10K	M	1976	0:48:37
13	Stephen Birt	10K	M	1712	0:48:39
14	Rob Bell	10K	M	1681	0:49:00
15	Rheya Brigden	10K	F	1723	0:49:14
16	Jenny Cullen	10K	F	1767	0:49:19
17	Peter Brown	10K	M	1764	0:50:10
18	Paul Metcalf	10K	M	1696	0:50:22
19	Lorna Spenceley	10K	F	1754	0:50:26
20	Frankie Simmonds	10K	M	1980	0:50:29
21	Katie Roberts	10K	F	1750	0:50:57
22	James Cullen	10K	M	1765	0:51:07
23	Richard Sutcliffe	10K	M	1749	0:51:08
24	Scott Kirton	10K	M	1769	0:51:08
25	Simon Borrill	10K	M	1782	0:51:18
26	Darren Richardson	10K	M	1784	0:51:58
27	mindaugas petratis	10K	M	1985	0:52:46
28	Rachel Morgan	10K	F	1987	0:52:46
29	Andy Litchfield	10K	M	1972	0:52:57
30	Nigel Leatherland	10K	M	1740	0:53:16
31	Bill Templeton	10K	M	1718	0:53:16

32	Jim Eastment	10K	M	1760	0:54:04
33	Dean Humphreys	10K	M	1732	0:54:24
34	Thomas Smith	10K	M	1714	0:54:38
35	William Brown	10K	M	1776	0:54:57
36	Paulina Panus	10K	F	1763	0:54:58
37	Joanna Spragg	10K	F	1689	0:55:13
38	Simon Unsworth	10K	M	1766	0:55:21
39	Oliver Wells	10K	M	1741	0:55:34
40	Christopher Freer	10K	M	1729	0:55:50
41	ellie foreman	10K	F	1736	0:56:05
42	Paul Traxler	10K	M	1715	0:56:07
43	Karen Londors	10K	F	1734	0:56:25
44	Sally Kirke	10K	F	1978	0:56:38
45	Rachael Preston	10K	F	1753	0:56:54
46	Mia Waldron	10K	F	1706	0:57:17
47	Dave Smith	10K	M	1721	0:57:31
48	Angela Freer	10K	F	1773	0:57:44
49	Barry Ephgrave	10K	M	1693	0:58:08
50	Stuart Bates	10K	M	1685	0:58:28
51	CATHRYN DE FREITAS	10K	F	1981	0:58:41
52	Sara Waters	10K	F	1989	0:58:56
53	Kellie Potter	10K	F	1988	0:58:56
54	Nicki Whitehead	10K	F	1710	0:59:09
55	Chelsey Surgenor	10K	F	1781	0:59:12
56	Philip Horspool	10K	M	1719	0:59:15
57	NOEL DE FREITAS	10K	M	1982	0:59:23
58	Rachel Webb	10K	F	1713	0:59:34
59	Helen Milward	10K	F	1682	0:59:55
60	Claire Rawbone	10K	F	1692	0:59:56
61	Rachel Parsons	10K	F	1731	1:00:00
62	Sarah Vincent	10K	F	1745	1:00:46
63	Sally Hartwell	10K	F	1711	1:00:51
64	Rachael Cornish	10K	F	1748	1:01:11
65	Sarah Purches	10K	F	1986	1:01:22
66	Sarah Gallagher	10K	F	1761	1:01:23
67	Hannah Gallagher	10K	F	1768	1:01:23
68	Zoe O'Connell	10K	NB	1979	1:01:32
69	Claire Douglas	10K	F	1716	1:01:44
70	Angela BAtes	10K	F	1684	1:03:28
71	Beccy Huntley	10K	F	1770	1:03:48
72	Adele Prior	10K	F	1775	1:03:55
73	Cheryl Bloomfield	10K	F	1705	1:04:23
74	David Pryke	10K	M	1752	1:05:07
75	James Wallace	10K	M	1742	1:05:10
76	Nick BURNHAM	10K	M	1762	1:06:30
77	Chris Cunningham	10K	F	1971	1:06:50
78	Jacqueline Dimmock	10K	F	1701	1:07:02
79	Denise Ricot	10K	F	1699	1:07:53
80	Christine Rayner	10K	F	1700	1:08:18
81	Mark Lambert	10K	M	1688	1:09:37

82	Nicola Taggart	10K	F	1707	1:10:01
83	Emily Carrivick	10K	F	1727	1:10:08
84	Alison Aris	10K	F	1983	1:10:46
85	Tim Wilks	10K	M	1738	1:11:40
86	Adam Carrivick	10K	M	1726	1:11:58
87	Ali Smith	10K	F	1737	1:12:36
88	Kim Beatty	10K	F	1780	1:15:00
89	Beverley Sullivan	10K	F	1686	1:15:22
90	Heather Freer	10K	F	1730	1:15:43
91	lee elliott	10K	F	1990	1:18:23
92	Victoria Bone	10K	F	1991	1:18:24
93	Amanda Scott	10K	F	1743	1:21:08
94	Alexandru Samoila	10K	M	1758	1:23:57
95	Ramona Vasilescu	10K	F	1759	1:23:57